



The Middle Alabama Area Agency on Aging (M4A) offers consumers of all ages to participate in its Project Life Connect campaign which “connects your information to first responders” in case of an emergency.

Included in Project Life Connect is important emergency client information, such as who to contact, a list of allergies, current health conditions, and a list of medication. **This information, which can make the difference between life and death, is kept in the Project Life Connect red vinyl portfolio which is magnetized on the back so that it can easily stick to a refrigerator and, therefore, be accessed by first responders in case of an emergency.**

FIRST RESPONDERS ARE ENCOURAGED TO LOOK FOR THE RED POUCHES ON REFRIGERATORS AT LOCAL RESIDENCE’S HOMES IN CASE OF AN EMERGENCY.

Project Life Connect currently covers Blount, Chilton, St. Clair, Shelby, and Walker Counties and is available at no cost to senior citizens and people of all ages with one or more disabilities who live in these counties.

Contact M4A at (205) 670-5770 or request your free Project Life Connect red pouch online at www.M4A.org. Quantities for distribution can also be requested.